

Dr. Poonam Sachdeva and Dr. Swaraj Batra: Essentials of Obstetrics

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About the Reviewer



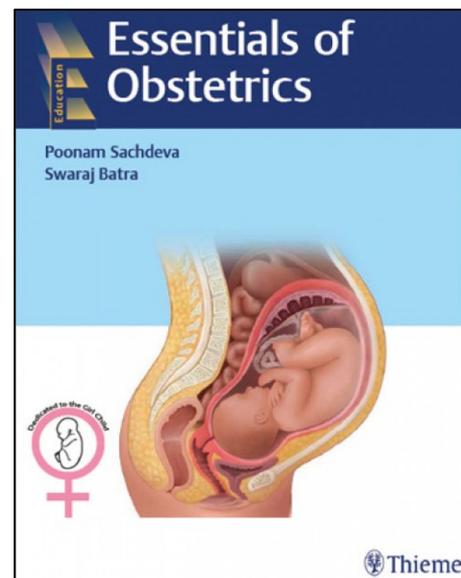
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The editors are Dr. Poonam Sachdeva who is a consultant at Lok Nayak hospital and Dr. Swaraj Batra who is the Head of department of Obstetrics and Gynaecology at Hamdard Institute of Medical Sciences and Research, New Delhi, a renowned professor who has written several books used by a number of students.

The authors have compiled all the important topics attempting to cover all the details in an easy, organized, point-wise manner. It was a good idea to club embryology and anatomy of the female reproductive organs in the same topic for better understanding. The recent guidelines as per RCOG, FOGSI, ICOG are included wherever necessary.

The topics of perinatal diagnostic techniques with advances and contraception have been discussed in great detail in an easy to remember format. Destructive surgeries have become obsolete, and hence not many textbooks discuss them in detail. It is hence important that the author has included the topic for its theoretical value. Rare and commonly neglected topics like neurological and psychiatric disorders in pregnancy, ICU care in pregnancy, pregnancy and obesity, systemic lupus erythematosus in

pregnancy, dermatoses of pregnancy have got their well-deserved place in the book.

Gynaecological disorders in pregnancy, general surgery in pregnancy and acute abdomen have also been discussed lucidly. The methods for assessing patients with cardiovascular problems are described as per the norms put down by the different cardiovascular societies in the world. The treatment of individual cardiac disorders has been incorporated very well. The clinical photographs especially ultrasound images and diagrams used by the author are excellent, clear and depict even the rare diseases.

It would have been very useful if references for certain facts and figures were quoted by the authors: for example the relationship of umbilical cord coiling and perinatal outcome. Secondly the guidelines which were followed for the treatment of HIV-infected patients in pregnancy. Thirdly the topic of non-stress test though touched upon lacks specification.

Overall it is an excellent textbook of obstetrics for undergraduate students which covers all the topics in detail and in a concise manner.